

ORIGINAL ARTICLE

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## **A Novel Vesicular Nanoproniosomal Gel Loaded Losartan Potassium: Formulation, *Ex Vivo* Evaluation, *In Vivo* Bioavailability and Antihypertensive Studies**

## **Yeni Bir Vesiküler Nanoproniozomal Jel Yüklü Losartan Potasyum: Formülasyon, *Ex Vivo* Değerlendirme, *In Vivo* Biyoyararlanım ve Antihipertansif Çalışmalar**

**SABAREESH *et al.* Nanoproniosomal Gel of Losartan Potassium  
SABAREESH ve ark. Losartan Potasyum Nanoproniozomal Jel**

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### **ABSTRACT**

**Objective:** The ambition of the investigation was to formulate and evaluate the Losartan Potassium (LP) nanoproniosomal gel to cure the hypertension by transdermal application and to provide better bioavailability.

**Materials and Methods:** The nanoproniosomal gel was formulated by materials such as non-ionic surfactants, cholesterol, lecithin using the Coacervation-phase separation (CPS) method.

The formulated gels were evaluated for pH, viscosity, rate of spontaneity, entrapment efficiency, vesicle size analysis, zeta potential, *ex vivo* permeation study, skin irritation study, *in vivo* bioavailability study, *in vivo* antihypertensive study, and *in vitro-in vivo* correlation (IVIVC).

**Results:** Physical characterization was obtained within the acceptable limits. The *ex vivo* diffusion study depicted the permeation around 47.25 % to 82.49 % across the albino rat skin in 24 h for all the formulations. Among them, NLPG2 was considered as the better formulation due to the representation of good characteristics than other formulations in a lot of parameters such as physicochemical evaluation, *ex vivo* skin permeation studies, permeation kinetics, and other studies. The skin irritation test denoted that there was no irritation after the application and it was safest to use on the skin. The *in vivo* bioavailability studies indicated that AUC represents the good bioavailability of about 167.51 fold in comparison with the marketed tablet. The *In vivo* antihypertensive investigation depicted that formulation NLPG2 was fruitful to recover the rat BP to normal healthy condition in experimental animals. The IVIVC indicated the *in vitro* (*ex vivo*) data could reflect the physiological situations identical to *in vivo* circumstances.

**Conclusion:** The nanoproniosomal gel is a capable transdermal system to deliver the LP to cure the hypertension. It is applicable for once-a-day controlled release formulation.

**Keywords:** Losartan Potassium, *Ex vivo* Permeation studies, *In vivo* antihypertensive studies, *In vivo* bioavailability studies, *In vitro-in vivo* correlation.

## ÖZ

**Amaç:** Araştırmanın amacı, hipertansiyonu transdermal uygulama ile iyileştirmek ve daha iyi biyoyararlanım sağlamak için Losartan Potasyum (LP) nanoproniozomal jeli formüle etmek ve değerlendirmektir.

**Malzemeler ve Yöntemler:** Nanoproniozomal jel, Koaservasyon-faz ayırma (CPS) yöntemi kullanılarak iyonik olmayan yüzey aktif maddeler, kolesterol, lesitin gibi malzemelerle formüle edildi. Formüle edilen jeller pH, viskozite, spontanlık oranı, tuzak etkinliği, vezikül boyutu analizi, zeta potansiyeli, *ex vivo* geçirgenlik çalışması, cilt tahrişi çalışması, *in vivo* biyoyararlanım çalışması, *in vivo* antihipertansif çalışma ve *in vitro-in vivo* korelasyon için değerlendirildi. (IVIVC).

**Sonuçlar:** Fiziksel karakterizasyon kabul edilebilir sınırlar içinde elde edildi. *Ex vivo* difüzyon çalışması, tüm formülasyonlar için albino sıçan derisinde 24 saat içinde yaklaşık% 47.25 ila% 82.49 nüfuz etmeyi gösterdi. Bunlar arasında, NLPG2, fizikokimyasal değerlendirme, *ex vivo* cilt geçirgenlik çalışmaları, geçirgenlik kinetiği ve diğer çalışmalar gibi birçok parametrede diğer formülasyonlara göre iyi özelliklerin temsilinden dolayı daha iyi formülasyon olarak kabul edildi. Cilt tahriş testi, uygulama sonrası tahriş olmadığını ve ciltte kullanımın en güvenli olduğunu gösterdi. *In vivo* biyoyararlanım çalışmaları, AUC'nin pazarlanan tablete kıyasla yaklaşık 167.51 katlık iyi biyoyararlanımı temsil ettiğini gösterdi. *In vivo* antihipertansif araştırma, NLPG2 formülasyonunun deney hayvanlarında sıçan BP'sini normal sağlıklı duruma getirmek için verimli olduğunu gösterdi. IVIVC, *in vitro* (*ex vivo*) verilerin *in vivo* koşullarla özdeş fizyolojik durumları yansıtabileceğini gösterdi.

**Sonuç:** Nanoproniozomal jel, hipertansiyonu iyileştirmek için LP'yi ileten yetenekli bir transdermal sistemdir. Günde bir kez kontrollü salım formülasyonu için geçerlidir.

**Anahtar Kelimeler:** Losartan Potasyum, *Ex vivo* Geçirgenlik çalışmaları, *In vivo* antihipertansif çalışmalar, *In vivo* biyoyararlanım çalışmaları, *In vitro-in vivo* korelasyon.

## INTRODUCTION

Nowadays, the transdermal drug administration is the most successful and fruitful drug delivery and became an inventive target for research in systemic drug delivery. It releases the drug across the skin into the blood circulation at a controlled, constant and predetermined rate. This delivery has various advantages such as non-invasive administration, bypasses the

GI tract, prevents the gastric pain and overcomes the gastrointestinal degradation, self-administration, reduces the number of doses, increases the patient compliance with tolerance, enhances the bioavailability, maintains steady-state plasma drug concentration, improves the safety and therapeutic efficiency of drugs, decreases the side effects and provides easy termination of a drug in problematic cases.

A single drug delivery system cannot fulfill all the characteristics required for the safest drug administration, but some research works have been developed through novel vesicular approaches like niosomes, ethosomes, liposomes, etc. to achieve controlled or targeted drug delivery. All these vesicles have some chemical and physical complications such as hydrolysis or oxidation, sedimentation, aggregation, fusion. Hence, the provesicular concept (proniosomes) has emerged to solve the stability problems of the conventional vesicular systems.<sup>1,2,3</sup>

Proniosomes are nano-sized vesicular structures of dry, free-flowing powder (or) gel with drug encapsulation in the vesicle that produce multilamellar niosomal dispersion after hydration. The proniosome powder form is hydrated to ensure quick formation of dispersion of niosomes before administration by little stirring with a hot aqueous liquid and is favorable for administration with oral or other routes. In the case of proniosomal gel, proniosomes are converted into niosomes *in situ* by absorbing the water from skin after topical application and contacts the stratum corneum, and increase the fluidity and permeability of the skin. This mechanism was depicted in Figure 1. The proniosomes contribute the constant and controlled release of drugs, improvement of penetration, reduced lethal effects; and also avoid the physical complications of niosomal vesicles.<sup>4,5,6</sup>

Priniosomal gel preparations are semisolid products formed by the CPS method which involves the admixture of nonionic surfactant, cholesterol in a minimal amount of alcohol with consecutive hydration with aqueous fluid. They have glassy appearance as a translucent gel structure that improves the physical stability. The non-ionic surfactant and cholesterol ratio can alter both the release characteristics and the encapsulation efficiency of the entrapped drugs.<sup>7,8,9</sup>

The gels became more familiar because of ease of applicability and good percutaneous permeation characteristics than other semi-solid preparations. Gels can combat the physiological stress, and adopt the shape of the applied area and can control the drug release. Hence, proniosomes are commonly prepared in a gel formulation.<sup>10,11</sup>

After application of proniosomes on the skin, they undergo hydration and form niosomes which stick to the skin surface. These niosomes undergo a process of endocytosis and lysis of membrane by lysozymes, which release the encapsulated drug into the blood. If a drug penetrates the stratum corneum, then it easily passes through the epidermis and dermis layers and can be absorbed into systemic circulation via capillaries.<sup>6</sup> This mechanism of permeation was shown in Figure 2.

LP is an angiotensin II receptor antagonist, employed to treat the high blood pressure to reduce the strokes and also used to retard long-term kidney damage. It has ideal features like small molecular weight which is 423 (below 600 daltons), low drug dose (25-50 mg), very less half-life (2 h), and poor bioavailability (oral) for suitability of transdermal formulation. Hence, it was selected in the nanoproniosomal transdermal formulation to provide the drug delivery at a slower and constant rate via skin to ensure an effective therapeutic drug level for a prolonged time and also to improve the bioavailability.<sup>12</sup>

(<https://www.drugbank.ca/drugs/DB00678>, <https://www.drugs.com/losartan.html>)

The prime goal of the investigation was to formulate the LP nanoproniosomal gel to treat the hypertension and to deliver the entrapped medicament efficiently for prolonged period through the transdermal route to improve the permeability and bioavailability of drug.

## **MATERIALS AND METHODS**

## **Materials**

LP was acquired from Vijayasri Chemicals, Hyderabad, India as a gift sample. Cholesterol, Soya Lecithin, Span 20, Span 40, Tween 60, Tween 80 were obtained from Himedia Laboratories Pvt. Ltd, Mumbai, India. Methylprednisolone acetate (MPA) injection (Depo-Medrol™) manufactured by Pfizer was purchased from a medical shop.

## **Methods**

### **Preparation of Nanoproniosomal Gel**

It was produced by the CPS method. In this technique, the nonionic surfactants were weighed and transferred to a glass container (wide mouthed) with tight closure and an accurate amount of drug, cholesterol, and lecithin were added to the glass vial. After mixing all these ingredients in a glass vial, ethanol was included and mixed up thoroughly. Heat the above solution until the cholesterol, lecithin, and drug were completely dissolved in surfactant (around 20-25 min) until the appearance of a clear gel. Then phosphate buffer (aqueous phase) was added and heated lightly till a clear solution produced (nearly 10 min). Thereafter, it was cooled while mixing it with a glass rod at regular intervals that resulted in the development of nanoproniosomal gel.<sup>13,14,15</sup> The method was represented pictorially in Figure 3. The composition was illustrated in Table 1.

### **Evaluation of Nanoproniosomal Gel**

#### **pH**

The pH was determined in triplicate by using a digital pH meter.<sup>15,16</sup>

#### **Viscosity**

The viscosity was determined in triplicate by Brookfield Viscometer (DV-E).<sup>15,16</sup>

#### **Vesicle size determination (Microscopic evaluation)**

The proniosomal gel (50-100 mg) was mixed with phosphate saline (10 ml) in a test tube by manual shaking and the resulting niosomes were observed at 100 X using optical microscope to determine the size of vesicles.<sup>8,14,17</sup>

#### **Rate of spontaneity**

Spontaneity is expressed as the number of niosomal vesicles obtained spontaneously from the proniosomal gel on hydration for 15-20 min. The specific quantity (20 mg) of proniosomal gel was dispersed in saline water in a suitable glass jar and warmed a little for the development of niosomes and a drop was mounted on the Neubauer's chamber to enumerate the vesicles number (niosomes).<sup>8,13,18</sup>

#### **Entrapment efficiency**

The proniosomal gel (100 mg) was dissipated in purified water and warmed gently for the development of niosomes. This suspension was centrifuged at 5°C for 40 min at 18000 rpm (Remi CPR-24 axis). The supernatant liquid was analyzed by spectrophotometric method at 234 nm for the drug content.<sup>8,15,18</sup>

The entrapment efficiency was determined by

$$\% \text{ Encapsulation Efficiency} = [1 - (\text{Unencapsulated drug} / \text{Total drug})] \times 100$$

#### **Zeta potential**

It is the amplitude of net charge on the surface of niosomes. The high value of zeta potential denotes the repulsive forces between the vesicles that prevents the aggregation or fusion of vesicles and forms uniformly distributed stable product. It was determined by using HORIBA SZ- 100 Zeta meter.<sup>13,19,20</sup>

#### **Ethical clearance approval**

Ethical clearance was approved from the IAEC for the experimentation on animals for the research work entitled, "A Novel Vesicular Nanoproniosomal Gel Loaded Losartan Potassium: Formulation, Ex Vivo Evaluation, In Vivo Bioavailability and Antihypertensive Studies". The protocol of this experimentation was sanctioned from IAEC, Protocol Number:

SVCP/IAEC/I-015/2019-20 dt 29.05.20. The study was executed as per the recommendations of CPCSEA.

### **Experimental animals**

Albino wistar male healthy rats were (weighing around  $250 \pm 25$  g) opted for skin irritation studies, in vivo bioavailability studies, and in vivo antihypertensive studies. All the animals were healthy during the study of experiment. The rats were preserved at standard conditions of laboratory, with relative humidity of  $55 \pm 5\%$ , temperature of  $25 \pm 1^\circ\text{C}$ , and 100% fresh air exchange. They were placed properly in polypropylene cages, with free approach to a standard diet (Lipton feed) and water ad libitum. The dose was calculated as per the weight of body and surface area ratio of animals.

### **Ex Vivo Skin permeation studies**

These studies were performed by using a modified Franz-diffusion cell. It has a receptor chamber about 60 ml volume and a surface area of  $3.14 \text{ cm}^2$ . In this study, Albino rat weighing 150-200 g was selected and sacrificed by ether, and nearly 4 to  $5 \text{ cm}^2$  (thickness) of the skin was collected from the shaved region of the abdomen, and was positioned between the receptor and donor compartments. A specific amount of the gel was lodged on the skin approaching the donor chamber and the phosphate buffer was loaded in the receptor chamber. The temperature was maintained at  $37 \pm 0.5^\circ\text{C}$  through a hot plate (thermostatic) fitted to a stirrer (magnetic). The diffusion solution was agitated by a magnetic bead (teflon-coated) placed in the receptor compartment. The samples were collected at suitable time intervals, and were analyzed by spectroscopic method at 234 nm.<sup>8,13,14,19,21</sup>

### **Skin irritation studies**

It was carried out on healthy normal albino rats as per the recommendations of OECD. In this test, precise amount of proniosomal gel (0.5 g) was uniformly applied to 3 rats on the previously shaven area of skin surface roughly  $2.54 \times 2.54 \text{ cm}^2$ , and were returned to cages. After 24 h, the proniosomal gel was removed by washing with water. This study was done on one rat initially (Initial skin irritation test) and later conducted on two rats (confirmatory skin irritation test). The erythema and edema were to be observed, and graded as per the visual scoring scale.<sup>14,15,21,22,23</sup> (<https://www.oecd.org/env/test-no-404-acute-dermal-irritation-corrosion-9789264242678-en.htm>)

The erythema scale is as follows:

0. none
1. slight
2. well defined
3. moderate
4. scar formation

The edema scale is as follows:

0. none
1. slight
2. well defined
3. moderate
4. severe

### **Stability studies**

The stability is the potential of a particular product in a favorable container to remain with the characteristics including chemical, physical, therapeutic, microbiological, and toxicological throughout the shelf-life. It was conducted as per the ICH guidelines and it was done to detect the drug degradation from proniosomal gel during the storage period. In this test, the formulated gels were preserved in aluminum foil closed glass jars at refrigeration temperature ( $5^\circ\text{C} \pm 3^\circ\text{C}$ ), room temperature ( $25^\circ\text{C} \pm 2^\circ\text{C}$ , 75% RH  $\pm$  5% RH), oven ( $45^\circ\text{C} \pm 2^\circ\text{C}$ )

for 45 days. The samples were observed, checked and collected at particular time intervals, and analyzed for various evaluation parameters.<sup>8,14,24</sup>

### ***In vivo* bioavailability studies**

Albino wistar male healthy rats were employed in this study. In this study, 12 Albino rats were taken and were categorized into 2 groups- Group A and B each containing 6 rats. The preferred proniosomal gel (transdermal drug treatment) was given to Group A. The microporous adhesive tape was used to preserve the gel at the application site. Before the topical application, the dorsal area of the hair was cautiously shaved and washed with distilled water, followed by an alcohol swab and patted dry. The marketed tablet (antihypertensive drug) was given orally to Group B. Then rats were kept in the animal chamber and supplied with food and water. Then the blood samples (0.5 ml) were collected at the tail vein of rats at 0.5, 1, 2, 4, 8, 12, 18, and 24 h in micro tubes consisting the anticoagulant (sodium citrate buffer). The blood samples were then centrifuged for 5 m at 4500 rpm to get plasma samples and were deproteinized by acetonitrile, centrifuged and the supernatant liquid was separated and finally analyzed by using HPLC analysis.

### ***HPLC analysis***

The quantification of the drug was done by using a HPLC spectrophotometer (Agilent). It comprised of a UV detector and a C18 column (reversed-phase 5  $\mu$ m, 4.6 mm/250 mm). The mobile phase (solvent) was composed of acetonitrile and phosphate buffer pH 7.2 (65%:35% ratio) and was filtered through a membrane filter (0.45  $\mu$ m) and also subjected to an ultrasonicator. The rate of flow was controlled at 0.8 ml/m for chromatographic separation and analysis. The temperature of the column was fixed at 25°C and samples were inserted into the column at a fixed volume of 20  $\mu$ l.

### ***Sample preparation***

Protein precipitation technique can be used for the analysis, where plasma (0.5 ml) was added to precipitating agent (0.5 ml) like perchloric acid or acetonitrile, or methanol, then subjected to vortex (5 m) and centrifuged for 3 m at 10000 rpm. The supernatant was collected and dried by stream of nitrogen. The residue was then vortexed and added to mobile phase (100  $\mu$ l) for 20-30 s and centrifuged for 2 m at 10000 rpm. Finally, 20  $\mu$ l of sample was introduced into a HPLC device. From the results obtained, various pharmacokinetic parameters such as  $C_{max}$  (maximum plasma drug concentration),  $T_{max}$  (time to reach maximum plasma concentration),  $K_E$  (elimination rate constant),  $K_a$  (absorption rate constant),  $AUC_{0-t}$ ,  $AUMC_{0-t}$ , Mean residence time (MRT), Elimination half-life ( $t_{1/2}$ ) and the Relative bioavailability (F%) were calculated.  $C_{max}$  and  $T_{max}$  were directly obtained from the plasma profiles (plasma concentration-time data).  $K_a$  and  $K_E$  were ascertained by employing the residual method. AUC, AUMC were computed from the trapezoidal method. MRT was calculated by formula,  $MRT=AUMC/AUC$ ; Elimination half-life ( $t_{1/2}$ ) was computed by,  $t_{1/2}=\ln 2/K_E$ .<sup>13,14,16,17,25</sup>

Statistical scrutiny was done with software (Graph-Pad Instat 3) using ANOVA (one-way analysis of variance) and the difference with  $p<0.05$  was designated significant.

### ***In vivo* antihypertensive studies**

Albino wistar male healthy rats were selected for this study. 30 rats were taken and separated into five categories (Group A to E) each carrying 6 rats. Group A was considered as control and in other groups (Group B to E) hypertension was caused by subcutaneous administration of MPA injection (20 mg/kg/w) for 2 weeks. These treatments were indicated in Table 2. Before the topical application, the dorsal area of the hair was cautiously shaved and washed with distilled water, followed by an alcohol swab and patted dry. Then, the formulation NLPG2 was uniformly applied over the skin surface. The microporous adhesive tape was used to preserve the gel at the application site. Then rats were sent back to the animal chamber and given free approach to food and water. The blood pressure was ascertained at

specified time intervals from the tail of rat for 24 h using a rat BP device (Biopac). It has a tail-cuff, a scanner, an animal chamber affixed to the body of primary instrument containing a digital display for BP.<sup>14,18,21</sup>

#### **Statistical analysis:**

The data was statistically scrutinized by one-way analysis of variance. A paired t-test and Dunette test were used to test the different formulations using software (Graph-Pad InStat 3) with level of significance ( $p < 0.05$ ).

#### **IVIVC**

It was performed to ascertain the therapeutic effectiveness of the formulation and to correlate the *in vitro* data (*ex vivo* data) with *in vivo* data. The IVIVC plot of LP Proniosomal gel was constructed by plotting the graph by taking *in vitro* % permeation on the x-axis with *in vivo* % absorption of the formulation on the y-axis.<sup>14</sup>

### **RESULTS AND DISCUSSION**

The nanoproniosomal gels were formulated and evaluated for physicochemical studies, *ex vivo* permeation studies, skin irritation test, *in vivo* bioavailability studies, *in vivo* antihypertensive studies, and IVIVC study.

#### **Physicochemical characterization of proniosomal gel**

The LP nanoproniosomal gel was characterized for physicochemical properties and the results were given in Table 3. The pH of all the formulations was around 6.8 and 7.1 which means that they are safer to administer through the transdermal route. The vesicle size of the formulations shows that when compared to the size of proniosomes formed from spans (Span 20, Span 80); the tweens showed a much more increase in size which reduces the entrapment efficiency of the drug. Hence, the proniosomes formed from the spans having a smaller vesicle size and greater encapsulation efficiency. The rate of spontaneity was ranged from 7-18 which indicates the number of niosomes formed from the proniosomes after hydration. The Entrapment Efficiency was ranged as 42.54% - 80.86%. The viscosity was obtained as 8529-10410 cps. All the prepared formulations depicted better physicochemical attributes and are not beyond the margins.

#### **Microscopic evaluation**

The microscopic evaluations of the formulation shown that the formulations were in good physical shape and size. The microscopic images were shown in Figures 4-5.

#### **Ex Vivo Skin Permeation Studies**

The skin permeation data was shown in Table 4 and Figure 8. The percentage drug permeation of NLPG2 was found to be the highest among all, around 82.49% than other formulations. The smaller vesicular size due to nanoproniosomal technology may be the reason for the increase in drug diffusion rate and extent.

#### **Permeation data analysis**

The permeability parameters like permeation coefficient, flux, enhancement ratio were significantly increased in nanoproniosomal formulations. Among them, NLPG2 showed good permeation data than other formulations. The kinetic permeation data was presented in Table 5.

Among all formulations, NLPG2 was shown good physicochemical characteristics, better skin permeation, and permeation kinetics. Hence, it was considered as the best formulation for next studies.

#### **Vesicle size and Zeta potential analysis**

The proniosomal size plays a vital role in drug release; hence it is an important parameter to be determined. The particle size and the PI value of the best formulation were obtained as 48.7 nm and 1.698 (which indicates a very broad distribution). The zeta potential represents the stability of vesicles. The Zeta potential of the best formulation was obtained as -80.8 mV and reported as excellent stability. These graphs were illustrated in Figures 6 to 7.

### **Skin Irritation Studies**

These were performed according to OECD guidelines and the results shown no changes like Edema and Erythema. Hence, the formulation passed the test and is safe to be used on Human skin. The skin irritation data and images were denoted in Tables 6, 7, and Figure 9.

### **Stability Studies**

Physical appearance and homogeneity were good during the storage period. The Stability studies performed showed that the formulation NLPG2 is highly stable at different temperatures for the prescribed time. Hence, the formulation passed the stability studies. The stability data were depicted in Table 8.

### ***In vivo* bioavailability studies**

These were performed to ascertain the bioavailability and efficiency of the formulation with the marketed oral product. The LP plasma concentrations in rats treated with proniosomal gel formulation NLPG2 were significantly higher than those treated orally with a pure drug suspension. The pharmacokinetic parameters of wistar rats after application of LP proniosomal gel were shown in Table 9 and Figure 10. The  $C_{max}$  value of the proniosomal gel formulation was  $36.08 \pm 3.78$  ng/ml, which was lower as compared to  $C_{max}$  of the marketed drug, i.e.,  $44.49 \pm 1.96$  ng/ml. The  $T_{max}$  values of the proniosomal gel formulation and marketed drug were  $4.82 \pm 0.55$  h and  $2.15 \pm 0.34$  h respectively. AUC is a primary parameter in determining the drug bioavailability from the product, and also it indicates the total integrated region below the plasma concentration-time profile and denotes the whole quantity of drug absorbed into the blood after the administration.  $AUC_{0-t}$  for the proniosomal gel formulation was higher ( $473.44 \pm 15.84$  ng.h/ml) than  $AUC_{0-t}$  of the marketed drug ( $282.63 \pm 11.37$  ng.h/ml). Statistically,  $AUC_{0-t}$  of the proniosomal gel formulation was significantly higher ( $p < 0.05$ ) than the marketed drug. A higher amount of drug in blood indicated better systemic and prolonged absorption of LP from the proniosomal gel with the marketed drug.

### ***In vivo* antihypertensive studies**

In this study, the normal healthy rats were successfully induced with hypertension by injecting MPA for two weeks and maintained in hypertension condition for further 72 h. The Proniosomal gel formulation NLPG2 was found to decrease the BP significantly ( $p < 0.001$ ) in proximity of healthy normal condition and it was maintained for 24 h (Table.10). This indicates that the drug was permeated and constantly released into the systemic circulation for 24 h in rats. The post-treatment BP values in the treatment group (D) were compared with the control group (A). The percentage rat BP reduction of NLPG2 and Placebo NLPG2 was 25.26% and 0.10%, respectively (Table.10). NLPG2 was success to revert the rat BP to normal healthy condition. The above mentioned outcomes revealed that the nanoproniosomal formulations have a bright destiny to manage the hypertension that needs to be approved by clinical research.

### **IVIVC**

It was constructed by taking *in vitro* % permeation on the x-axis with *in vivo* % absorption on the y-axis with regression value ( $R^2$ ) 0.9992. This correlation indicated that the *in vitro* (*ex vivo*) permeation studies could reflect the physiological situations identical to *in vivo* conditions. The IVIVC plot was illustrated in Figure 11.

### **CONCLUSION**

The nanoproniosomal LP gel was formulated to improve the bio-availability and permeation of the drug. Various formulations of nanoproniosomal gel were prepared by the CPS method. Among them, NLPG2 showed better characteristics than other formulations in several aspects. Hence, the formulation NLPG2 was selected as the best formulation and is suitable for controlled release once a day formulation to treat the hypertension. From the results, it

could be concluded that the LP loaded nanoproniosomal gel proves to be beneficial and acts as an alternative to the conventional dosage form to manage the hypertension.

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#### **ABBREVIATIONS**

**LP:** Losartan potassium; **BP:** Blood pressure; **MPA:** Methylprednisolone acetate; **CPS:** Coacervation-Phase separation; **IAEC:** Institutional Animal Ethical Committee; **CPCSEA:** Committee for the purpose of control and supervision of experiment on animals; **HPLC:** High-Performance Liquid Chromatography; **IVIVC:** *In vitro-In vivo* Correlation; **UV:** Ultra Violet; **OECD:** Organisation for Economic Co-operation and Development; **AUC:** Area Under the Curve; **AUMC:** Area Under the First Moment Curve; **ICH:** International Council for Harmonisation; **PI:** Polydispersity Index.

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## **TABLES**

**Table 1. Formulation table of Nanoproniosomal gel of Losartan potassium**

Ingredients (in mg)	Formulation code									
	NLPG 1	NLPG 2	NLPG 3	NLPG 4	NLPG 5	NLP G6	NLPG 7	NLPG 8	NLPG 9	NLPG 10
Losartan	25	25	25	25	25	25	25	25	25	25
Potassium										
Lecithin	100	100	100	100	100	100	100	100	100	100
Cholesterol	100	100	100	100	100	100	100	100	100	100
Span 20	1000	--	--	--	500	500	500	--	--	--
Span 80	--	1000	--	--	500	--	--	500	500	--

Tween 20	--	--	1000	--	--	500	--	500	--	500
Tween 80	--	--	--	1000	--	--	500	--	500	500
Alcohol (ml)	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5
0.1% glycerol solution (ml)	QS	QS	QS	QS	QS	QS	QS	QS	QS	QS

**Table 2. Treatment was given to the different groups of animals**

S.No.	Group	Treatments	No. of rats in group	Measurement of BP at different time intervals (h)
1	A	Control	6	0, 1, 2, 3, 4, 6, 8, 10, 12, 24
2	B	Only MPA	6	0, 1, 2, 3, 4, 6, 8, 10, 12, 24
3	C	MPA + placebo NLPG2	6	0, 1, 2, 3, 4, 6, 8, 10, 12, 24
4	D	MPA + NLPG2	6	0, 1, 2, 3, 4, 6, 8, 10, 12, 24
5	E	MPA + Marketed tablet	6	0, 1, 2, 3, 4, 6, 8, 10, 12, 24

**Table 3. Physicochemical characterization**

Formulation code	pH*	Vesicle size* (µm)	Rate of spontaneity*	Entrapment efficiency %*	Viscosity (cps)*
NLPG-1	6.80±0.12	10.52±2.37	16.33±0.21	62.62±0.24	9840.35±1.63
NLPG-2	6.91±0.03	4.81±0.52	14.22±2.53	80.86±0.78	10410.56±0.81
NLPG-3	6.70±0.02	21.10±1.55	10.45±0.22	55.23±0.56	10224.93±1.24
NLPG-4	6.81±0.15	19.43±3.18	11.56±2.25	60.25±0.78	9190.45±1.24
NLPG-5	6.82±0.20	11.62±2.04	7.78±3.26	48.64±0.65	9380.67±3.26
NLPG-6	7.02±0.01	19.75±2.75	8.94±0.31	42.54±0.98	10340.20±1.47
NLPG-7	7.10±0.23	17.51±1.56	10.55±5.52	56.69±0.65	8529.34±2.05
NLPG-8	6.82±0.07	19.80±2.52	11.82±3.60	51.45±0.65	10091.51±0.81
NLPG-9	6.81±0.14	16.44±4.50	7.37±4.21	42.98±0.36	10511.28±0.81
NLPG-10	6.90±0.25	21.92±3.75	18.77±1.55	56.24±0.65	10220.37±1.63

\*Average of three values  
± Standard deviation

**Table 4. *Ex Vivo* Skin Permeation Studies\***

Time (h)	NLPG-1 %	NLPG-2 %	NLPG-3 %	NLPG-4 %	NLPG-5 %	NLPG-6 %	NLPG-7 %	NLPG-8 %	NLPG-9 %	NLPG-10 %
0	0	0	0	0	0	0	0	0	0	0
1	11.43±0.20	13.15±0.12	6.28±0.60	8.73±0.38	12.26±0.20	8.49±0.33	9.82±0.55	14.37±0.04	7.33±0.11	13.53±0.30
2	19.60±0.31	21.26±0.25	11.51±0.27	12.44±0.49	19.68±0.17	12.20±0.74	13.05±0.06	21.60±0.31	11.11±0.24	21.30±0.62
4	25.83±0.41	29.33±0.41	16.73±0.49	17.86±0.63	23.43±0.58	16.66±0.07	18.10±0.17	29.43±0.27	16.03±0.75	28.59±0.43
6	31.57±0.21	35.67±0.56	21.80±0.57	20.02±0.33	29.68±0.27	21.04±0.80	21.19±0.24	36.58±0.60	20.77±0.50	37.22±0.08
8	37.60±	43.45±	26.65±	25.74±	34.72±	26.12±	25.26±	42.19±	24.95±	46.36±

	0.52	0.28	0.43	0.05	0.79	0.56	0.35	0.10	0.46	0.10
10	42.23±	50.66±	31.33±	30.93±	38.57±	30.09±	28.37±	48.65±	27.53±	51.77±
	0.12	0.31	0.50	0.80	0.24	0.44	0.61	0.07	0.71	0.20
12	49.77±	57.93±	34.61±	34.89±	42.24±	34.27±	32.42±	53.95±	31.81±	56.43±
	0.22	0.01	0.67	0.73	0.19	0.36	0.45	0.29	0.06	0.49
14	52.40±	62.56±	36.99±	37.22±	44.37±	38.35±	35.57±	57.73±	35.58±	61.60±
	0.63	0.85	0.75	0.55	0.02	0.31	0.22	0.40	0.33	0.67
16	56.43±	68.23±	38.08±	40.19±	46.67±	43.29±	38.61±	62.14±	38.70±	65.29±
	0.23	0.14	0.61	0.19	0.13	0.02	0.05	0.59	0.63	0.50
18	62.87±	74.72±	40.63±	42.11±	48.24±	45.25±	41.79±	68.41±	41.91±	70.46±
	0.33	0.74	0.10	0.21	0.19	0.14	0.44	0.47	0.16	0.32
20	65.50±	78.25±	42.55±	44.46±	50.34±	47.84±	46.51±	70.27±	44.80±	73.34±
	0.44	0.61	0.24	0.37	0.36	0.86	0.16	0.03	0.24	0.27
22	68.24±	80.12±	45.96±	47.72±	52.36±	49.69±	50.46±	72.52±	48.54±	76.42±
	0.64	0.18	0.09	0.53	0.24	0.77	0.25	0.30	0.80	0.18
24	71.14±	82.49±	47.25±	49.41±	55.63±	52.13±	53.72±	74.92±	50.45±	78.42±
	0.64	0.18	0.51	0.62	0.47	0.18	0.32	0.30	0.64	0.18

\*Average of three values

± Standard deviation

**Table 5: Ex Vivo Permeation kinetics**

S. No	Formulation Code	Permeation coefficient (P) ( $\mu\text{g}/\text{cm}^2/\text{h}$ )*	Flux (J) ( $\mu\text{g}/\text{cm}^2/\text{h}$ )*	Enhancement ratio ( $E_r$ )
1	Control	2.25±0.02	10.12±0.12	-
2	NLPG-1	4.86±0.11	22.47±0.17	2.16
3	NLPG-2	7.33±0.08	28.67±0.04	2.87
4	NLPG-3	3.58±0.14	13.31±0.33	1.59
5	NLPG-4	3.67±0.05	14.88±0.25	1.63
6	NLPG-5	4.08±0.13	18.25±0.57	1.78
7	NLPG-6	3.86±0.21	16.10±0.48	1.71
8	NLPG-7	3.92±0.07	16.32±0.21	1.74
9	NLPG-8	5.75±0.04	24.18±0.33	2.55
10	NLPG-9	3.74±0.18	15.74±0.42	1.46
11	NLPG-10	6.15±0.15	26.80±0.26	2.73

\*Average of three values

± Standard deviation

**Table 6. Initial skin irritation test**

No. of Rat	Erythema				Edema			
	0 h	24 h	48 h	72 h	0 h	24 h	48 h	72 h
01	-	-	-	-	-	-	-	-

- Sign indicates no changes or signs observed

**Table 7. Confirmatory skin irritation test**

No. of Rat	Erythema				Edema			
	0 h	24 h	48 h	72 h	0 h	24 h	48 h	72 h
02	-	-	-	-	-	-	-	-
03	-	-	-	-	-	-	-	-

- Sign indicates no changes or signs observed

**Table 8. Stability data**

Storage period	4°C*			
	Vesicle Size	Entrapment efficiency	Viscosity	pH
15 days	4.82±0.12	80.22±0.35	10525.89±0.81	6.91±0.10
30 days	4.84±0.10	79.71±0.36	10552.75±0.80	6.94±0.03
45days	4.61±0.14	78.65±0.65	10586.36±0.84	6.90±0.05
Storage period	25°C*			
	Vesicle Size	Entrapment efficiency	Viscosity	pH
15 days	4.80±0.02	80.51±0.25	10502.45±0.80	6.92±0.02
30 days	4.86±0.11	80.11±0.23	10536.93±0.71	6.95±0.08
45days	4.72±0.15	79.60±0.56	10558.28±0.87	6.93±0.04
Storage period	40°C*			
	Vesicle Size	Entrapment efficiency	Viscosity	pH

<b>15 days</b>	4.82±0.05	80.62±0.38	10414.65±0.68	6.93±0.11
<b>30 days</b>	4.70±0.13	80.51±0.49	10425.35±0.81	6.98±0.13
<b>45days</b>	4.68±0.14	80.22±0.47	10465.77±0.81	6.94±0.07

\*Average of three values

± Standard deviation

**Table 9. Pharmacokinetic Parameters after administration of Losartan potassium Proniosomal gel and marketed tablet**

<b>Pharmacokinetic Parameters</b>	<b>Losartan potassium suspension (Oral)</b>	<b>Losartan potassium Proniosomal gel (Transdermal)</b>
C <sub>max</sub> (ng/ml)	44.49±1.96	36.08±3.78
T <sub>max</sub> (h)	2.15±0.34	4.82±0.55
t <sub>1/2</sub> (h)	1.90±0.49	5.68±0.71
K <sub>E</sub> (ng/h)	0.36±0.25	0.12±0.18
K <sub>a</sub> (ng/h)	1.69±0.42	0.51±0.22
AUC <sub>0-t</sub> (ng.h/ml)	282.63±11.37	473.44±15.84
AUC <sub>0-∞</sub> (ng.h/ml)	0.06±0.03	59.42±5.10
AUMC <sub>0-t</sub> (ng.h/ml)	1448.77±18.52	4636.48±26.91
AUMC <sub>0-∞</sub> (ng.h/ml)	0.99±0.23	1426.22±10.67
MRT (h)	5.13±1.13	9.79±2.06
Relative bioavailability	--	167.51±7.59

\*Average of three values

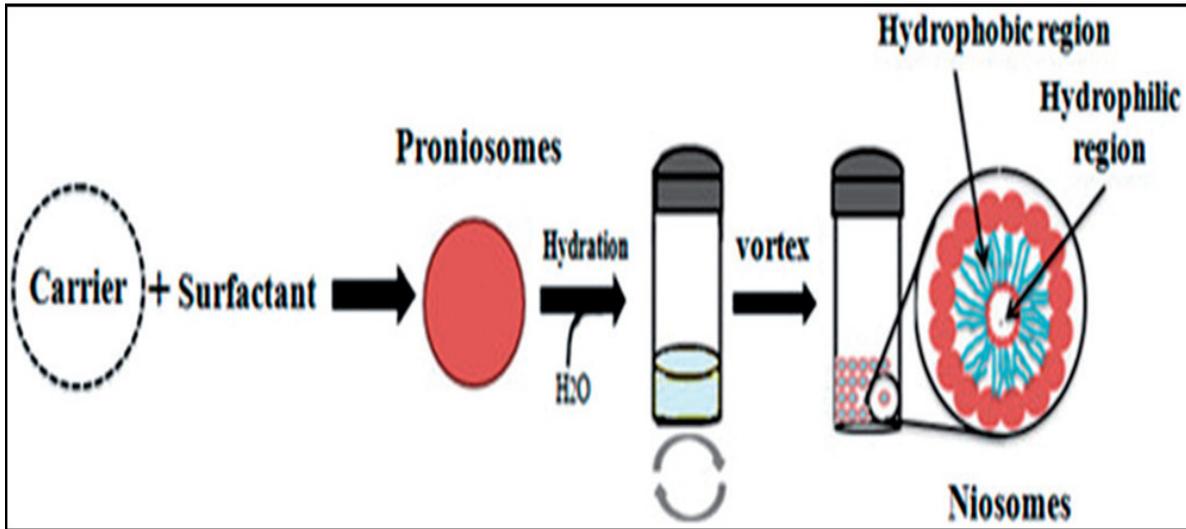
± Standard deviation

**Table 10. Influence of proniosomal gel formulation of Losartan potassium on mean BP in MPA induced hypertensive rats**

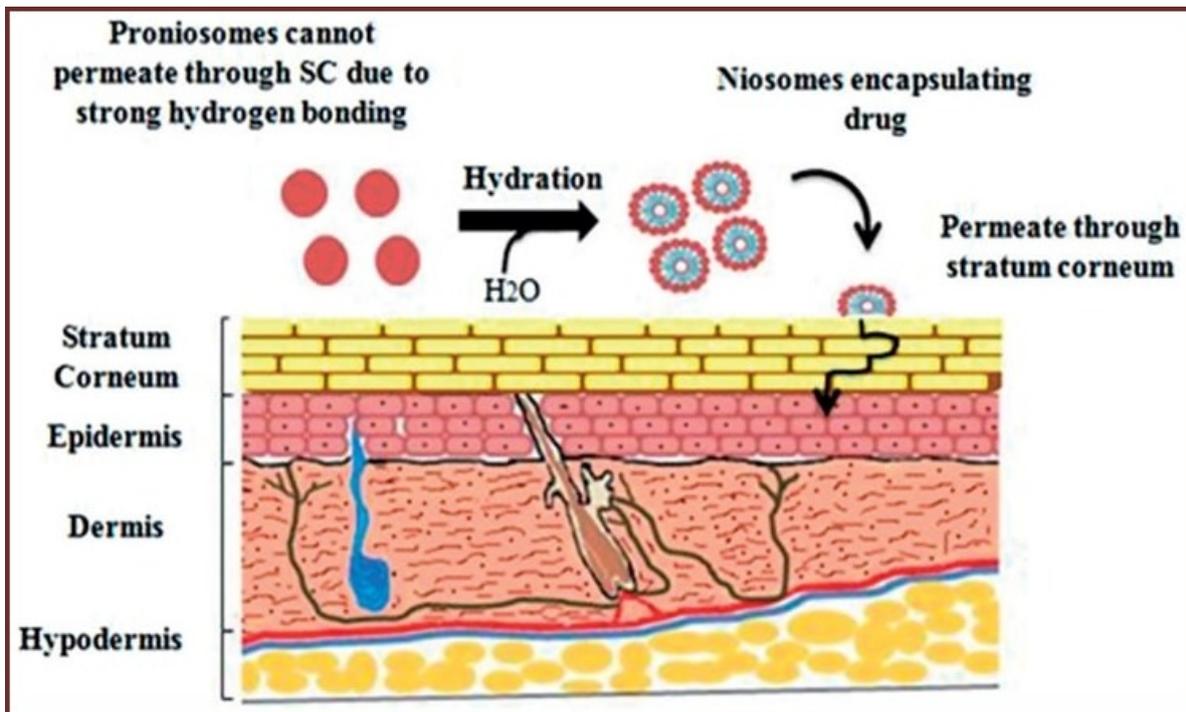
S.No.	Group	Treatments	Mean BP (mm Hg)*			% Reduction in BP*
			Pre-treatment	Post- MPA treatment	Post Proniosomal gel treatment	
1	A	Control	122.15 ± 12.12	--	--	--
2	B	Only MPA	121.06 ± 5.24	160.56 ± 10.28	--	--
3	C	MPA + placebo NLPG2	123.20 ± 15.73	163.28 ± 16.45	163.11 ± 10.31	0.10 ± 0.01
4	D	MPA + NLPG2	122.58 ± 10.48	162.85 ± 11.42	121.70 ± 9.73	25.26 ± 1.75
5	E	MPA+ Marketed tablet	121.69 ± 7.94	161.64 ± 11.43	144.84 ± 7.67	10.39 ± 1.62

\*Average of six values  
± Standard deviation

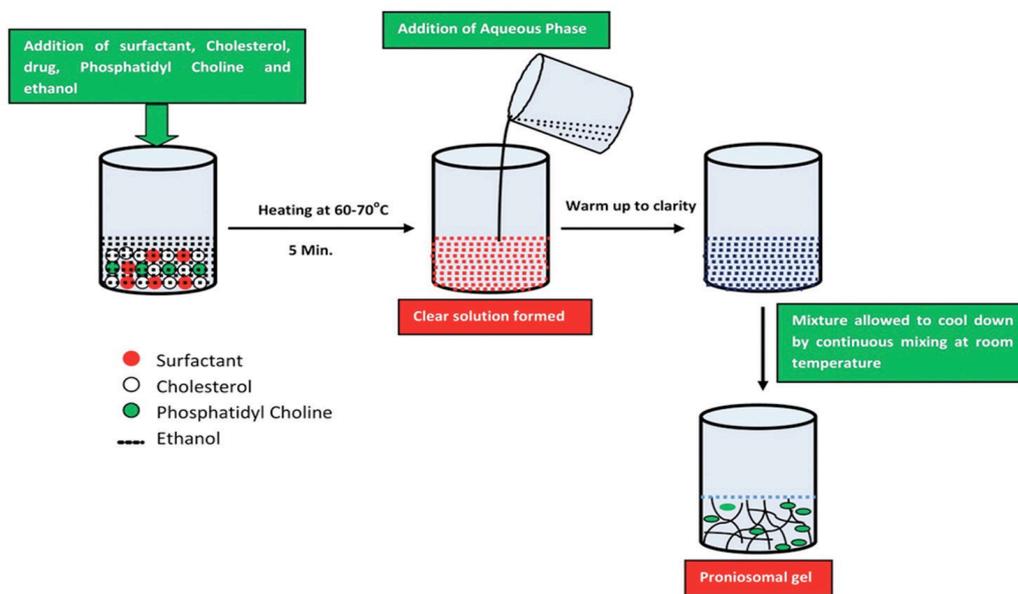
## **FIGURES**



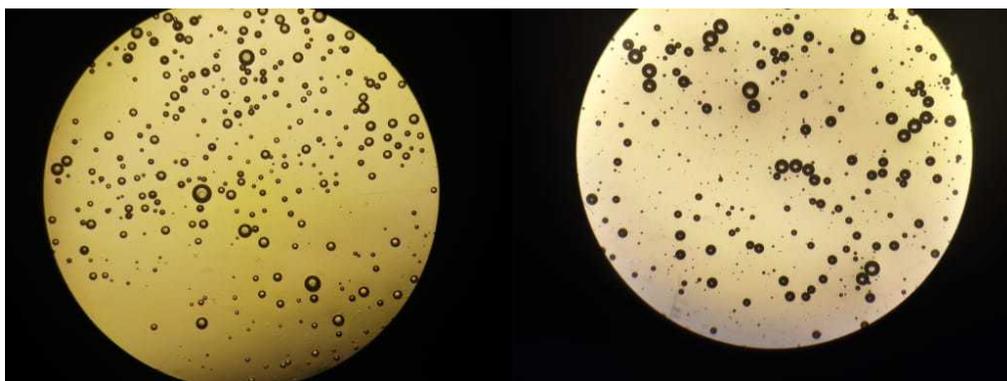
**Figure 1.** Conversion of Proniosome into Niosome



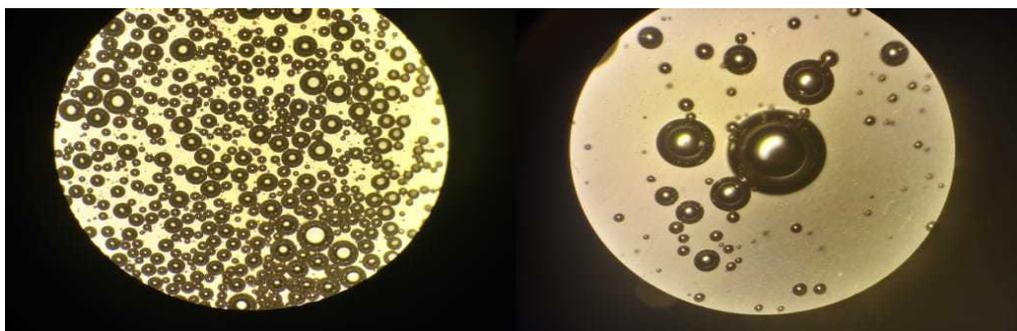
**Figure 2.** Mechanism of permeation



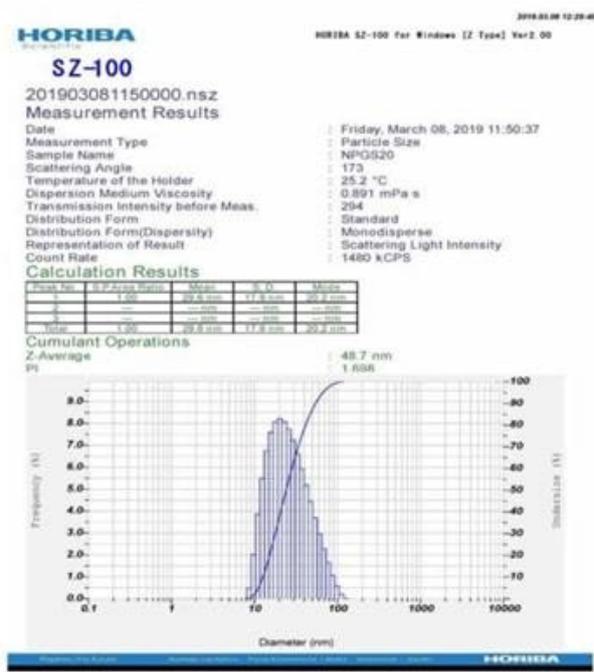
**Figure 3.** Coacervation phase separation method



**Figure 4.** Microscopic image of NLPG2 (Before and after hydration) formed from spans at 100 X magnification (1-100  $\mu\text{m}$ )



**Figure 5.** Microscopic image of NLPG3 (Before and after hydration) formed from tweens at 100 X magnification (1-100  $\mu\text{m}$ )



**Figure 6.** Vesicle size of nanoproniosomal gel of Losartan potassium

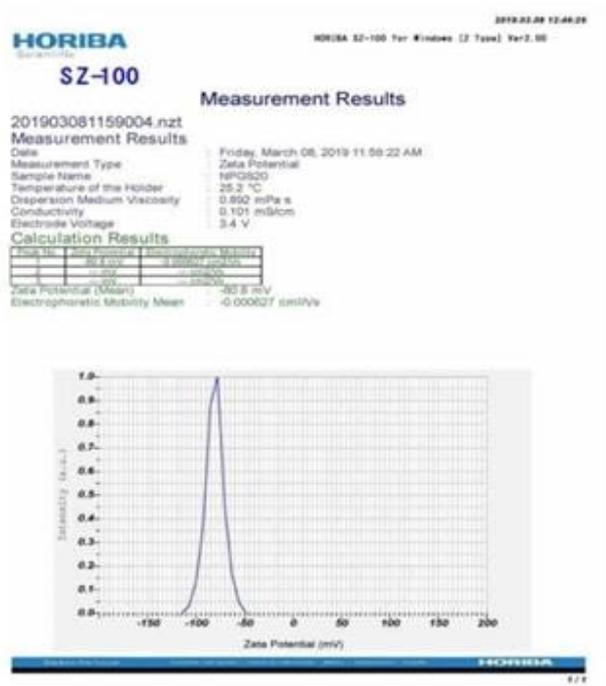


Figure 7. Zeta-Potential of nanoproniosomal gel of Losartan potassium

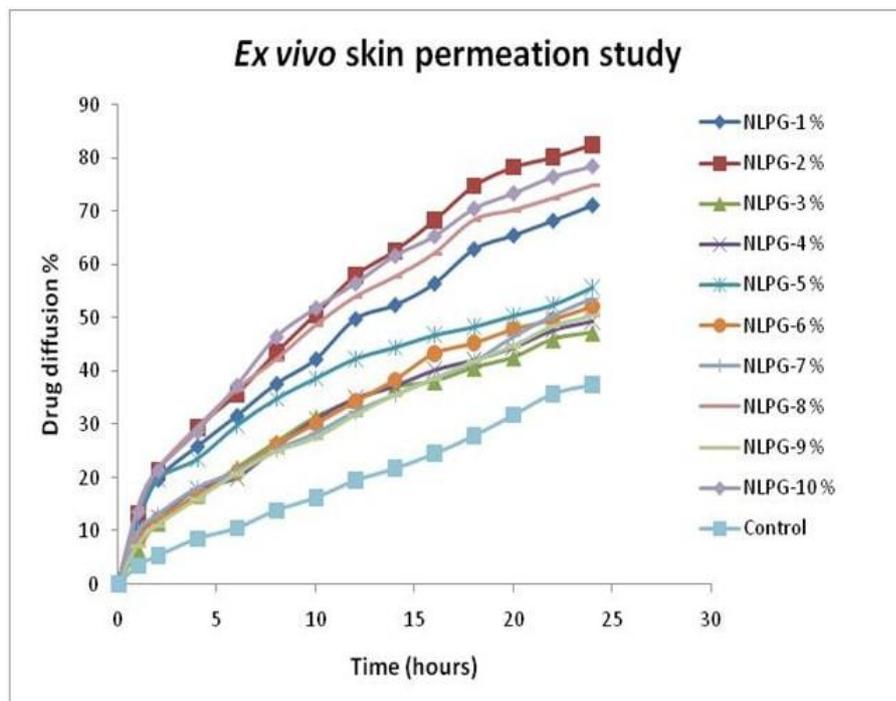
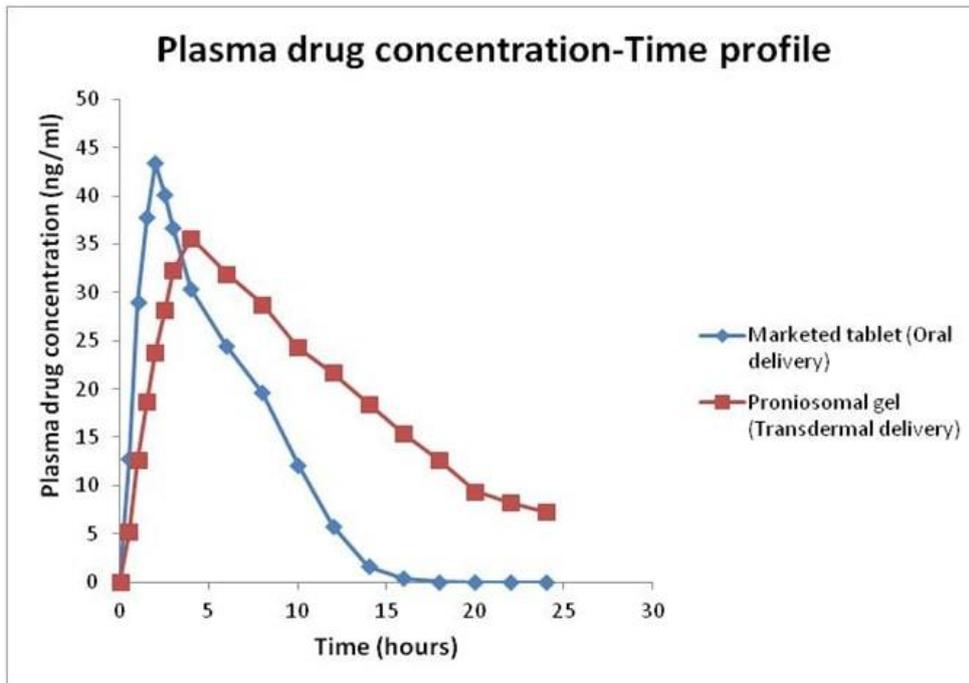


Figure 8. Ex Vivo skin permeation study chart



**Figure 9.** Skin irritation test



**Figure 10.** Plasma concentration-time profile of Losartan potassium marketed tablet with Proniosomal gel NLPG2

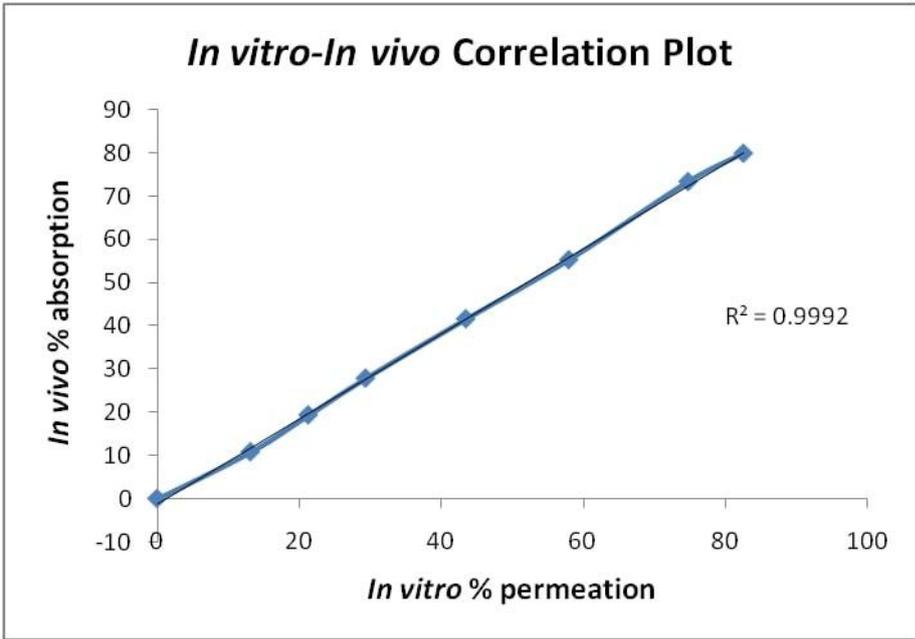


Figure 11. *In vitro-In vivo* Correlation Plot